

IMMERSION and TEACHER TRAINING

MOROCCO 2016-17

SUSANA GARCÍA BLANCO



This training is divided into two MODULES and it includes two Anusara yoga distinctive courses that together make the 200 hour Teacher Training: the **Immersion** (108 h) and the **Teacher Training or Methodology of Teaching** (92 h). (Modules división do not correspond exactly with the two courses división but everything is included)

- The **Anusara yoga Immersion** is a 108 hour course for anyone wanting to deepen their practice and knowledge of the different aspects of yoga, even with no intention to become a yoga teacher. You can find all the information about the Anusara yoga Immersion in this link <http://www.rasalilayoga.com/en/immersion/>
- Officially named Teacher Training, I like to call this 92 hour course Teaching Methodology. Its goal is to learn how to teach the Anusara yoga method. In this course you will get many resources and techniques so you can teach powerful and inspirational clases, safe for your students, with clear alignment. To have completed a full Immersion is a pre-requisite to register for this course. You can find all the information about the Anusara yoga Teacher Trainings and its contents in <http://www.rasalilayoga.com/en/teacher-training/>

WHO COULD BE INTERESTED IN THIS TRAINING?

- Yoga students that want to deepen their practice and knowledge of yoga
- Yoga students that want to become yoga teachers and are going to take their first Teacher Training
- Yoga teachers that want to expand their understanding and their resources for teaching yoga

WHERE Maroc Surf Villa - Tamraght (Agadir, Morocco)

Accommodation will be in shared rooms with shared bathrooms in a beautiful villa.
There is single accommodation option for an extra price.
Non-residential option includes food

WHEN

- **MODULE 1** (Immersion 1 and 2)
December 1st - 12th 2016
- **MODULE 2** (Immersion 3 + Teacher Methodology)
March 17th - April 2nd 2016

REGISTRATION

Write an email to info@rasalilayoga.com with the title **MOROCCO TT**. Let us know your preferred options from the table below and you will receive payment instructions.

OPTIONS

- Full 200h TT – Residential
- Full 200 h TT – Non residential
- Module 1 – Residential
- Module 1 – Non residential
- Module 2- Residential
- Module 2 – Non residential

It is very important to register with time so you can get the needed materials and do the required readings. They are all in a link below. Take advantage of our early bird discounts.

Important dates to keep on mind for registration are:

- **October 1st** - Early bird price ends (10% discount) for Full Training or Module 1
- **December 15th** – Early bird ends (10% discount) for Module 2

PRICES (in euros)

	EARLY BIRD *		AFTER *	
	RESIDENTIAL	NON RESIDENTIAL with food	RESIDENTIAL	NON RESIDENTIAL with food
FULL 200 h TT Immersion + TT	3259	2854	3585	3139
MODULE 1 Immersion 1 & 2	1340	1158	1474	1274
MODULE 2 Immersion 3 + TT	2245	1981	2470	2179

Payment and deposits are final. There are no returns unless major cause.

No exceptions with payment dates

Price does not include the books and manuals needed for the course

*For Full Training or Module 1, early bird discount ends on October 1st. For Module 2, early bird registration ends on December 15th.

ADDITIONAL INFORMATION

About the Anusara yoga TEACHER TRAINING and its contents

<http://www.rasalilayoga.com/formacion-profesores/>

About the Anusara yoga IMMERSION and its contents

<http://www.rasalilayoga.com/inmersion/>

About SUSANA <http://www.rasalilayoga.com/bio/>

REQUIRED TEXTS and others of INTEREST

<http://www.rasalilayoga.com/wp-content/uploads/2014/11/141110-Bibliograf%C3%ADa-ENG.pdf>