

Anusara Yoga Immersion 2018-19

MARBELLA



Susana García Blanco

The **Anusara yoga Immersion** is a 108-hours yoga course for everyone that has a desire to deepen in the practice and knowledge of the different aspects of yoga, whether with the intention to become a teacher or not. This is both a course to initiate you into this practice and to get deeper. It is also a prerequisite to complete the 200 hour Teacher Training, constituting the first 108 hours of this training. Full information about contents and more in <http://www.rasalilayoga.com/en/immersion/>

DATES

Module 1	12-16 septiembre
Module 2	28 noviembre – 2 diciembre
Module 3	15-19 marzo

PLACE

RADIANT YOGA MARBELLA
Centro Comercial Local Nr. 1 & 2
Urb. Los Naranjos de Marbella
29660 Nueva Andalucía - MARBELLA

SCHEDULE

Everyday	11.00 - 14.30 h y 16.00 – 19.30
Last day of module	10.00 – 14.00 h y 15.00 – 18.00

REGISTRATION & CONTACT

gaurishiva@hotmail.com Inga María 660 83 22 69

Write an email with your preferred option (you have a list of prices in the table of the following page) and you will receive payment instructions. It is important to register with enough time to get all the material needed and to do the previous readings (in a link below)

PRICES 21% de IVA included

	EARLY BIRD PRICE	NORMAL PRICE	Early Bird dates
IMMERSION 108 h			
FULL COURSE	1400 €	1550 €	June 10th
MODULE 1	499 €	570 €	June 10th
MODULE 2	499 €	570 €	September 15th
MODULE 3	499 €	570 €	December 15th

To reserve your spot, please make a payment for deposit before May 30th so you can get the early-bird price.

- 300 € deposit for Full Immersion
- 100 € deposit for one module

Your spot will ONLY be reserved once you have make this payment.

Write to Inga for information about payments indicating **your NAME & LAST NAME**

- There are no reimbursements unless a justified cause.
- No exceptions for early bird dates
- **Price DOES NOT include necessary texts.**
- Once registre you will receive an email with instructions of how get prepared for this Immersion

MORE INFORMATION

About IMMERSION and contents <http://www.rasalilayoga.com/en/immersion/>

About SUSANA <http://www.rasalilayoga.com/en/bio-2/>

REQUIRED TEXTS AND OTHER TEXTS OF INTEREST

<http://www.rasalilayoga.com/wp-content/uploads/2014/11/141110-Bibliograf%C3%ADa-ENG.pdf>

You can get the Anusara yoga manuals from ASHY (Anusara School of Hatha Yoga) website or directly from us at the beginning of the training. Please let us know when you register if you need any of the manuals.